

Welcome to ...

Online Safety for Parents

Education Child Protection Ltd.



Handouts will be sent to school

Stay in touch
Tweet us
@ECP_LTD

1



A National Crime Agency command

CEOP

2



A National Crime Agency command

www.ceop.police.uk



www.thinkuknow.co.uk

Child Exploitation and Online Protection Command



Reporting mechanism for CHILDREN...

3

Welcome to CEOP's Thinkuknow

Are you...

Soon to say 4-7

5-7?

8-10?

11-13?

14+?

Parent/Carer?

Children's workforce?



New - Band Runner
Band Runner is a fun interactive game that helps 8-10 year olds learn how to stay safe from the risks they might encounter online.
[Play the game!](#)



Advice... Help... Report...

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When should I report to CEOP?

Someone ... online is putting pressure on me to do things I don't want to do

Someone... I don't know is asking me to live-stream & do things I don't want to do

Someone... online keeps asking me to meet them face-to-face & I feel pressured by them

Someone... I met in an online game keeps trying to talk to me privately



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Films for primary children...

Tell Someone and Kim's do

Animal Magic

Timon and Pumba

Safety Smart online!

Jigsaw

6



7



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9



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Digital Resilience

Digital resilience refers to the emotional resources needed to:

RESILIENCE

1. Understand when you are at risk online

RESILIENCE

2. Know what to do to seek help

RESILIENCE

3. Learn from experience

RESILIENCE

4. Recover when things go wrong

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SOCIAL MEDIA

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Generation Internet....

21% 3-4s have their own tablet

24% 8-11 have a social media account

87% 12-15 have a social media account

Average number of likes to make a child feel happy - 52

Did you know...

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Top Trending...

TikTok

TikTok is a global video community powered by music. Whether it's dance, freestyle or performance, creators are encouraged to let their imagination run wild and set their expressions free.

Houseparty

A group video chat app. When you and your friends are in the app at the same time, you'll see each other instantly. One tap and you're in.

Snapchat

Snapchat lets you send a photo or short video to your friends. The 'snap' appears on screen for a matter of seconds before disappearing.

Twitch

Twitch is a live video game website. You can watch playbacks of games being played by other people. You can also live stream your own games.

Discord

Discord is the only cross-platform voice and text chat app designed specifically for gamers. It is perfect for chatting with team member and seeing who is playing online

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Live Streaming Apps...

Children under 13 groomed on live streams

Children are calling for greater oversight of social media live streaming after reports children are being groomed through it.

Research by the Internet Watch Foundation on images and video captures of live-streamed child sex abuse found 98% of victims were aged 13 or younger.

Separately, research also found children too young to use the services were logging on.

The charity says urgent action is needed to protect children now.

Popular social media services including Facebook Live, Instagram Stories, YouTube and Snapchat all have a minimum age limit of 13.

In a sample group of 1,000 children between 10-15 years old, 85% of respondents under 13 admitted accessing live streaming sites. The survey was conducted by YouGov for the charity.

Police say abusers thrive on the immediacy these live platforms offer -

Targeting children with

- ✓ tricks
- ✓ dares
- ✓ Threats

 to manipulate them into **nudity or sexual acts**

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Most Concerning...

Kik

Kik is an instant messaging app which lets you share messages, photos, games and news, or organise events.

Kik chat app 'involved in 1,100 child abuse cases'

By Angus Crawford
BBC News
© 21 September 2018

Taylor (not their real name) was groomed on Kik at the age of 13

One teen chat app has featured in more than 1,100 child sexual abuse cases in the last five years, the BBC has found.

Of 29 police forces that supplied information to the BBC, all but one had child support pages on their websites.

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<http://parents-guide.yubo.live/>

Your one-minute guide to staying safer on Yubo

A social network that seems love

13 Minimum age

More users all over the world

3m+ messages sent each day

Did you know?
Friendships are changing: more than half of US teenagers have made a new friend online and most of these friendships never cross over into real life. *Source: Pew Research Center, 2016

Swipe to make friends | Chat in 1-to-1 or groups | Live stream to friends

Our five-step approach to user safety

- 1 Sign-up**: Minimum age of 13. Real identity and mobile number required. Appropriate consent for 13 to 17-year-olds. Community guidelines provided to help get and educate our users.
- 2 Profile settings**: Users can hide their ID and choose to talk to people within a certain radius.
- 3 Community guidelines**: To keep the Yubo community safe, friendly and safe, we prohibit harmful content, bullying and other inappropriate user behavior that we allow.
- 4 Moderation**: We use technical tools and human moderators to keep an eye on things.
- 5 Reporting**: We've made it easy for our users and their families to report any concerns using the flag icon within the app so that we can take action.

Did you know?
Users who violate our community guidelines receive a warning message and we might also remove the offending content, block them and, where necessary, contact law enforcement.

Three things to do right now

- Talk**: Talk to your child or student about their digital likes and dislikes.
- Encourage**: Encourage them to respect themselves and others online.
- Reassure**: Reassure them that they are not alone if something worries them.

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Most Concerning...

Kik

Kik is an instant messaging app which lets you share messages, photos, games and news, or organise events.

Yubo

Yubo allows you to meet new people around the world. Make new friends, chat and meet new people! Right to like, left to pass! Just like Tinder... if two people like each others pictures they can chat privately!

Send Safe Message- Self Destructing

Send Safe is a free service, which allows you to send a message or photo via popular apps, ...that **Disappears** after seen once.

Monkey

Talk to Strangers! Facetime strangers from anywhere. Monkey stories can be created and viewed by tapping the tree. 'Send a friend request if you're feeling their vibe'.

Secret Calculator

Calculator hides photos, contacts and videos behind a calculator. If you put in a passcode it will open up a private area. Able to browse internet without the history being saved.

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Advice for parents on Apps...

- Use a strong password
- Use an alias and avoid personal pictures
- Don't include date of birth and other personal information
- Show your child how to block and report
- Change settings to private
- Consider the minimum age
- Don't accept friend requests from strangers
- Switch off location services
- Tell them to think before they post

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Using social networking sites, it is so important that we use privacy settings to keep ourselves, and our information, safe!

So how do we do it...?

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Privacy settings

YOUR ACTIVITY

Who can see your future posts?
Friends

Who can see the people, Pages and lists you follow?
Friends

HOW PEOPLE CAN FIND AND CONTACT YOU

Who can send you friend requests?
Everyone

Who can see your friends list?
Friends

Who can look you up using the email address you provided?
Friends

Who can look you up using the phone number you provided?
Everyone

Do you want search engines outside of Facebook to link to your Profile?
No

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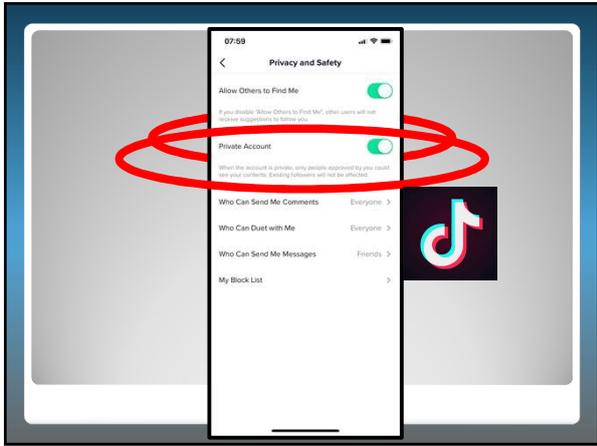
Account privacy

Private account

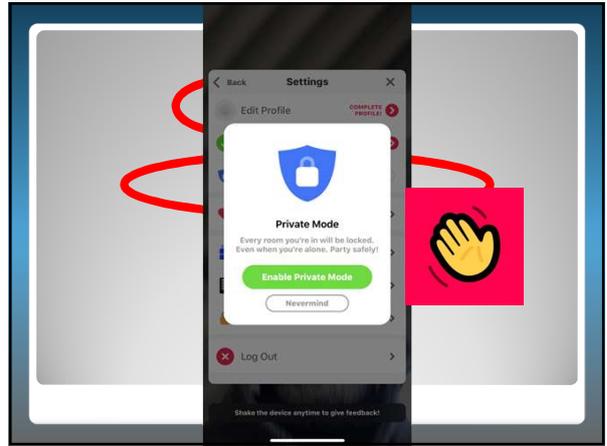
When your account is private, only people you approve can see your photos and videos on Instagram. Your Instagram followers won't be affected. [Learn More](#)

Menu Button

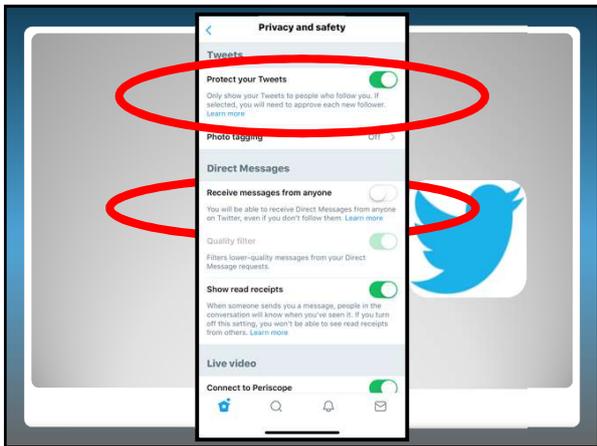
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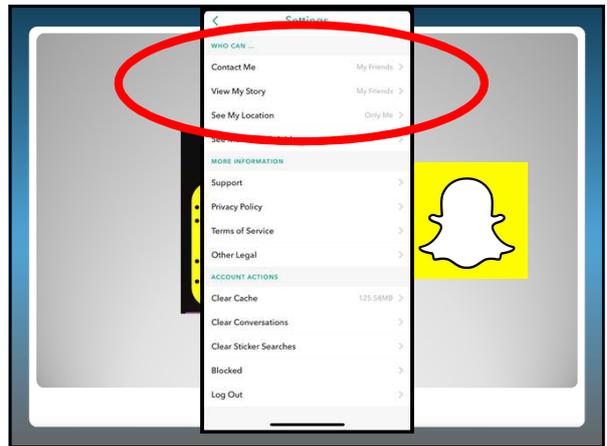
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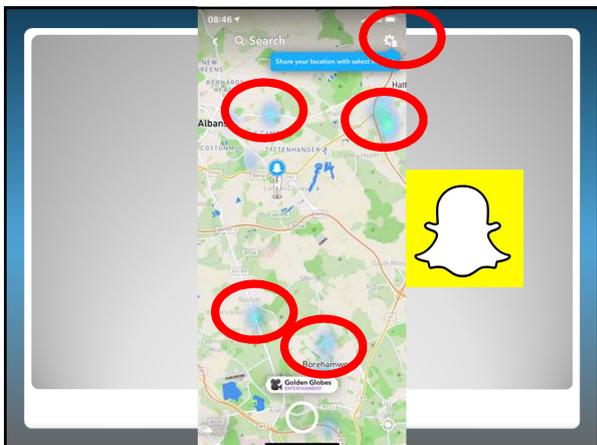
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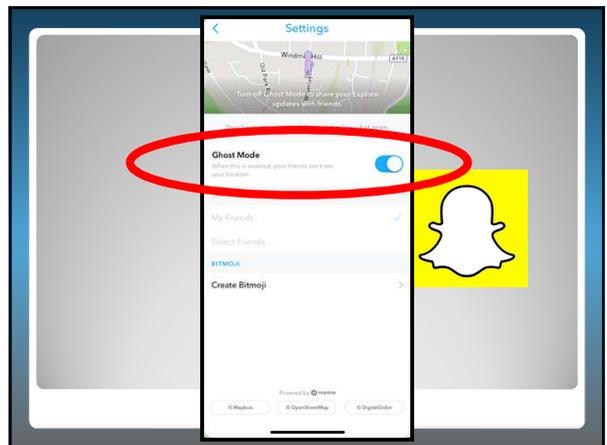
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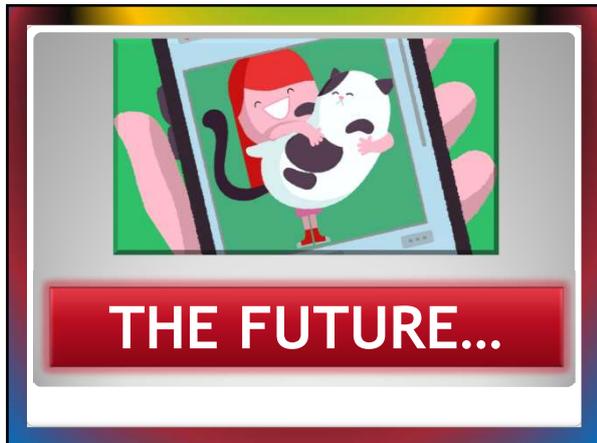
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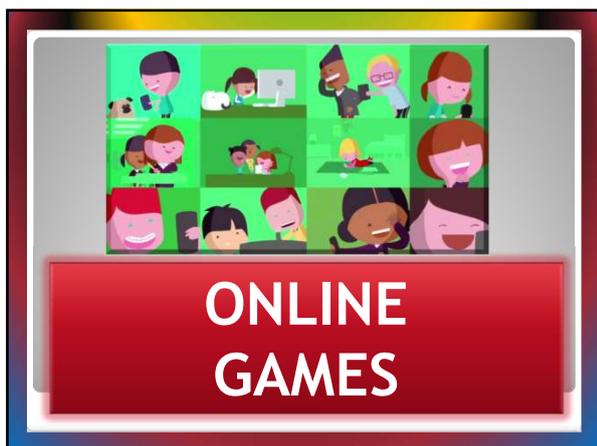
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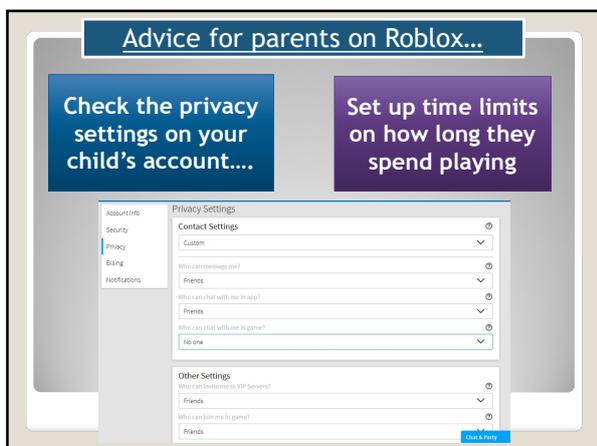
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PEGI rating system

PEGI (Pan European Game Information) is a system of age-rating and labelling games, which includes descriptors to indicate the main reasons why a game has received a particular age rating:

Age-rating of game in years				
3	7	12	16	18
Bad language Game contains bad language	Fear Game may be frightening or scary for young children	Violence Game contains depictions of violence		
Discrimination Game contains depictions of, or material which may encourage, discrimination	Gambling Games that encourage or teach gambling	Online gameplay Game can be played online		
Drugs Game refers to or depicts the use of drugs	Sex Game depicts nudity and/or sexual behaviour or sexual references			

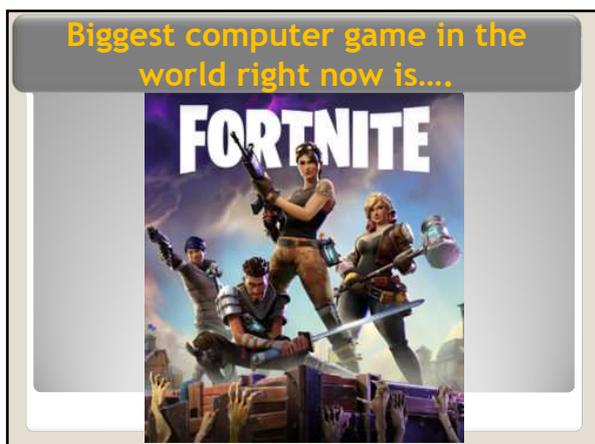
70% of British parents ignore age-ratings on games (Techradar)

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www.pegi.info

- Very strong violence
- Frequent strong/very strong language
- Strong portrayal of sexual activity
- Scenes of strong sexual violence
- Strong horror
- Strong blood and gore
- Real sex
- Drug taking
- Discriminatory language or behaviour

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So what is it...?

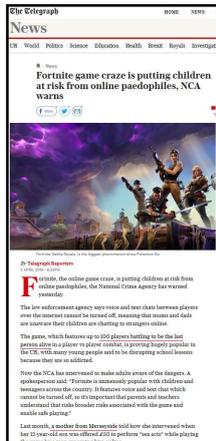
Fortnite is an online shooter that starts with 100 players and leaves **one winner standing**. **Battle Royale** sees 100 players parachute onto an island, and the last player alive wins. Each game lasts about **20 minutes**

It has a PEGI rating of 12, for 'frequent scenes of mild violence'

12 Fortnite
Epic Games International S.à r.l., a Luxembourg Société à Responsabilité Limitée
www.pegi.info
You and your friends will lead a group of Heroes to reclaim and rebuild a homeland that has been left empty by a mysterious darkness only known as "the Storm". Band together online to build extravagant...

The game is violent – it is a battle to the death, after all – but the violence is rather cartoon-like - it isn't bloody or particularly gory

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National Crime Agency...

...has warned Fortnite is **putting children at risk** from online paedophiles due to the chat facility.

Although the game itself seems pretty harmless, **players can talk and type whatever they want to each other**, and bad language is rampant.

March 2018, a mother from Merseyside told how she intervened when her 12-year-old son was offered £50 to perform "sex acts" while playing the game by a man grooming him online.

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Advice for parents on Fortnite...

- Be aware that there is mild violence - PEGI rating of 12
- Monitor who your child is talking to - check the communication settings
- Set up passwords on bank cards - lots of game purchase options
- Set up time limits on how long they spend playing...

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Children hooked on addictive video games like Fortnite will be able to seek treatment on the NHS, after video gaming is classified as a medical disorder by the World Health Organisation (WHO).

The move comes amid increasing evidence of young players suffering psychological distress and family breakdown as a result of their **addiction**.

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GROOMING

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Child Exploitation Online Protection Centre (CEOP)

How do offenders engage children?
- by using the sites that they use....



Often posing as a child of the same age / gender. They will often purposefully present a very similar profile as the child. They are skilled at manipulating them into criminal sexual relationships

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Online grooming: The five stages

Friendship

1 Flattering a child into talking in a private chatroom/game where they will be isolated. The child will often be asked for a non-sexual picture of themselves

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Online grooming: The five stages

2

Forming a relationship

Gaining information

asking the child what problems /needs they have to create the illusion of being their best friend and that they can help

They begin to fill the needs of the child

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Online grooming: The five stages

3

Risk assessment

Asking the child about the location of their computer/tablet and **who else has access to it**

in order to assess the risk of being detected. The desire is to **create situations where they are alone together**

to help reinforce a ***special connection***

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Online grooming: The five stages

4

Exclusivity

Building up a sense of ***mutual love and trust with the child***

suggesting that they can discuss ***"anything"***

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Online grooming: The five stages

5

Sex talk / Meet

Engaging the child in ***explicit conversations & requesting sexually explicit pictures from them***

At this stage the predator will usually try to ***arrange a meeting with the child***

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NEWS

Home | UK | World | Business | Politics | Tech | Science | Health | Education | Entertainment

England | Regions | Leicester

Kayleigh Haywood: How murdered schoolgirl was groomed online

© 1 July 2018 | Leicester

Kayleigh Haywood murder: Judge warns young women about danger of social media

31st October 2015
Luke Harlow 'adds' Kayleigh Haywood on Facebook.

November 13th
she meets Luke Harlow at his home.

November 15th
Kayleigh is declared missing by her family

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NEWS ESSEX

Home | World | UK | England | N.Ireland | Scotland | Wales | Business | Politics | Health | Education | SciE

12 January 2015 Last updated at 18:30

Breck Bednar murder: Lewis Daynes sentenced to life in prison

The BBC's Daniel Boettcher reports on how Lewis Daynes lured Breck Bednar

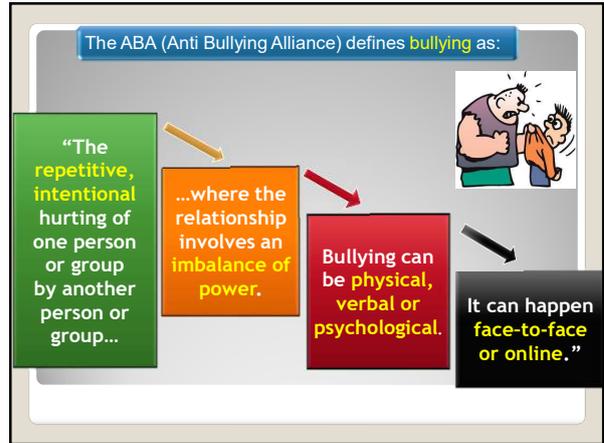
A teenager has been sentenced to life in prison for the murder of a 14-year-old boy he met through online gaming.

Related Stories

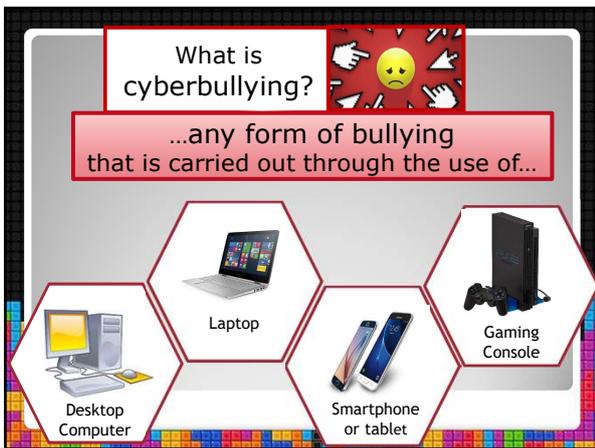
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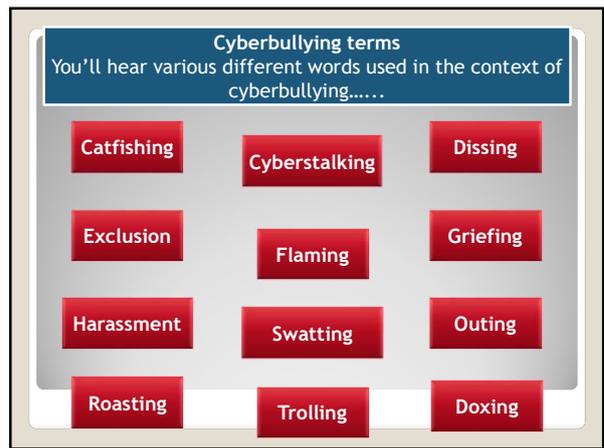
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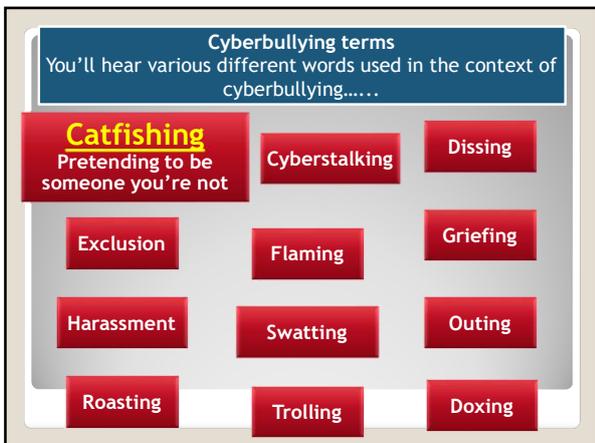
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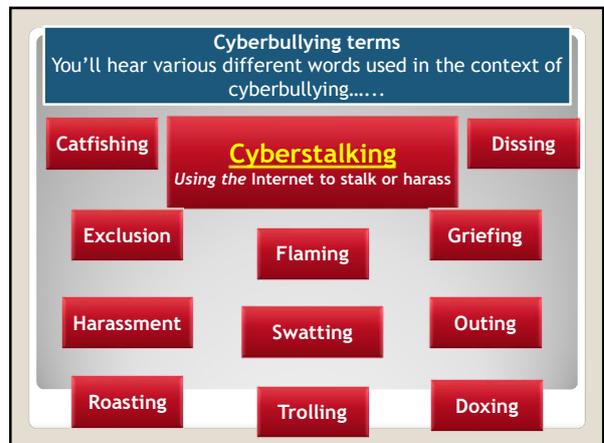
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Cyberbullying terms
You'll hear various different words used in the context of cyberbullying.....

Catfishing Cyberstalking **Dissing**
speak disrespectfully to somebody

Exclusion Flaming Griefing

Harassment Swatting Outing

Roasting Trolling Doxing

61

Cyberbullying terms
You'll hear various different words used in the context of cyberbullying.....

Catfishing Cyberstalking Dissing

Exclusion
Individuals are *systematically blocked* from games or gaming teams

Flaming Griefing

Harassment Swatting Outing

Roasting Trolling Doxing

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Cyberbullying terms
You'll hear various different words used in the context of cyberbullying.....

Catfishing Cyberstalking Dissing

Exclusion **Flaming**
making pointless or hurtful messages

Griefing

Harassment Swatting Outing

Roasting Trolling Doxing

63

Cyberbullying terms
You'll hear various different words used in the context of cyberbullying.....

Catfishing Cyberstalking Dissing

Exclusion Flaming

Griefing
Purposefully killing your teammates in an online game

Harassment Swatting Outing

Roasting Trolling Doxing

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Cyberbullying terms
You'll hear various different words used in the context of cyberbullying.....

Catfishing Cyberstalking Dissing

Exclusion Flaming Griefing

Harassment
The act of bullying somebody based on their sexuality, race, religion, size etc.

Swatting Outing

Roasting Trolling Doxing

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Cyberbullying terms
You'll hear various different words used in the context of cyberbullying.....

Catfishing Cyberstalking Dissing

Exclusion Flaming Griefing

Harassment

Swatting
Is where someone finds your address through your IP address and then calls the police

Outing

Roasting Trolling Doxing

66

Cyberbullying terms
You'll hear various different words used in the context of cyberbullying.....

Catfishing Cyberstalking Dissing

Exclusion Flaming Griefing

Harassment Swatting **Outing**
Disclosing a person's sexual orientation or gender identity

Roasting Trolling Doxing

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Cyberbullying terms
You'll hear various different words used in the context of cyberbullying.....

Catfishing Cyberstalking Dissing

Exclusion Flaming Griefing

Harassment Swatting Outing

Roasting
Be tactfully mean or poke fun at someone

Trolling Doxing

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Cyberbullying terms
You'll hear various different words used in the context of cyberbullying.....

Catfishing Cyberstalking Dissing

Exclusion Flaming Griefing

Harassment Swatting Outing

Roasting **Trolling**
Deliberate act of making controversial comments on an internet forum with the intent to provoke a reaction

Doxing

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Cyberbullying terms
You'll hear various different words used in the context of cyberbullying.....

Catfishing Cyberstalking Dissing

Exclusion Flaming Griefing

Harassment Swatting Outing

Roasting Trolling

Doxing
Maliciously revealing someone else's personal information

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Tips for dealing with Cyberbullying!

Report

Save the evidence

Don't respond

S-Start
T-Telling
O-Other
P-People

Be aware of what you share

Block the bully

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Spotting the signs...

Being upset after using their phone or laptop

Being secretive about their online activities spending more or less time than usual online

Difficulty sleeping

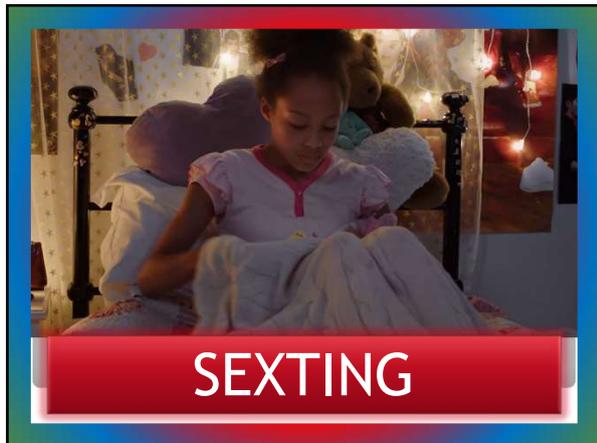
Becoming increasingly withdrawn, upset or angry

Lacking confidence or self-esteem

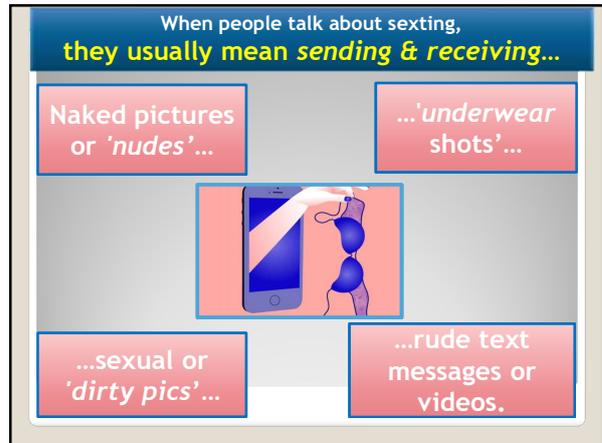
Avoiding social situations

Not wanting to go to school

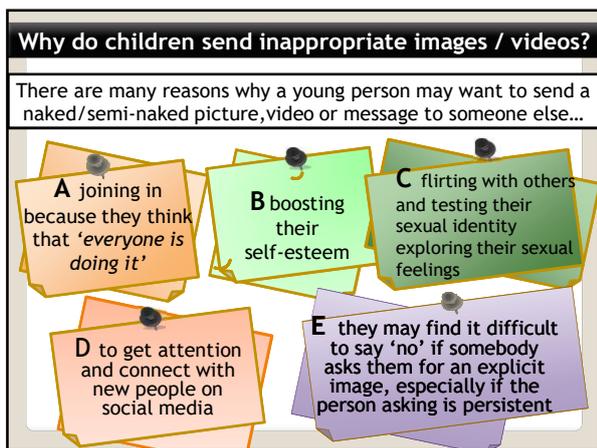
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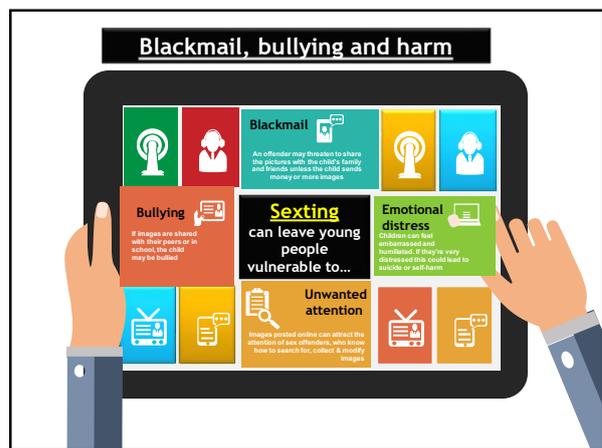
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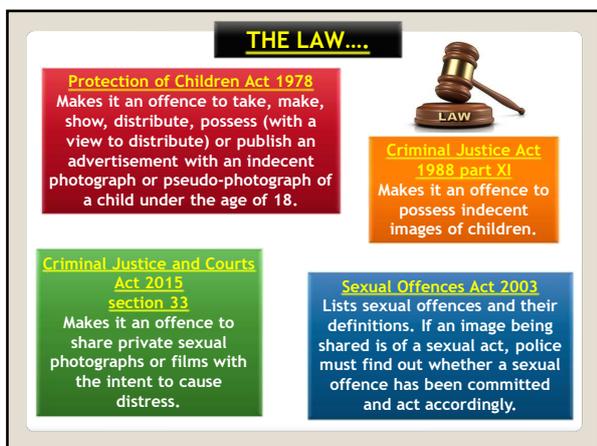
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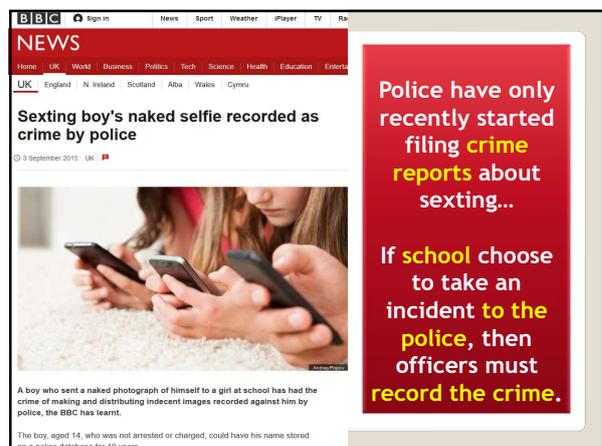
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Advice to children

LOSING CONTROL

Once you send a message you can't control what happens to it. Don't let someone guilt or pressure you into sending it



If you've sent a nude pic, have an honest conversation with the person you sent it to. Ask them to delete it



If an indecent or nude pic of you is posted online, you can contact the website directly or make a report online to try and get it removed.

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"ZIPIT"

- Find out how to deal with a **sexting crisis**
- **Support and advice** of what to do next
- Use **ChildLine** and **IWF** to remove images online
- **Call ChildLine** or save the **number to your phone**

Education Child Protection Ltd.

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What should I do if my child is being bullied online?

Stay calm Listen without judging

Praise them for talking to you

Tell them you can help **Ask them not to reply**

Block the bullies **Keep the evidence**

Report information to your child's school.

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MAKING THINGS SAFER

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Advice for parents

LOSING CONTROL

Use tools to help you reinforce time spent online. Make sure that you stick to what you've agreed - and that you manage your own time online!



The rules and conversations you have now will set the tone for your child's internet use as they get older.



Always worth checking the videos, apps and games children use, and the age ratings and descriptions for them.

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Videos on YouTube that seem to be the favourite cartoons of children - but are not.

"Peppa does a lot of **screaming and crying** and the dentist is just a bit **sadistic** and it's just way, way off what a three-year-old should watch" said one Mother.

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Safer watching
www.kids.youtube.com

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Safer searching
www.kids-search.com

86

Safer searching
www.swiggle.org.uk

87

Making things safer...

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Helpful sites for Parents & Carers

NSPCC Net Aware www.net-aware.org.uk

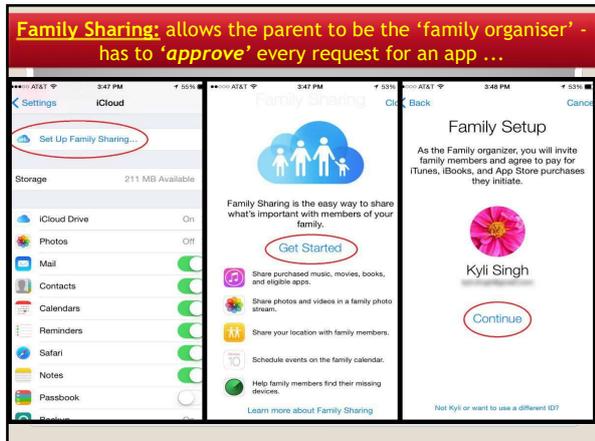
Allows parents and carers to **search** for apps, games and sites if they have a **concern** or **need more information**

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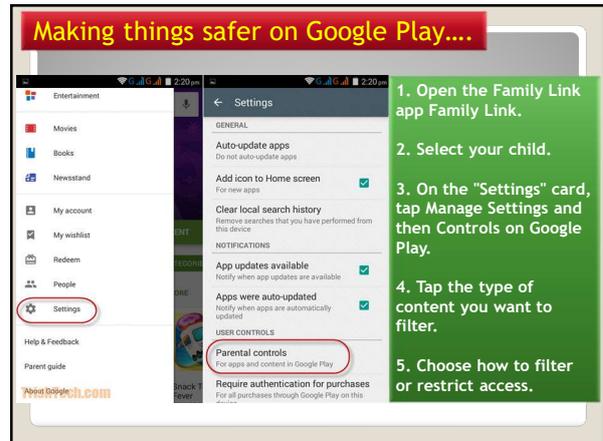
Making things safer...

Parent Zone and CEOP have joined forces to create Parent Info

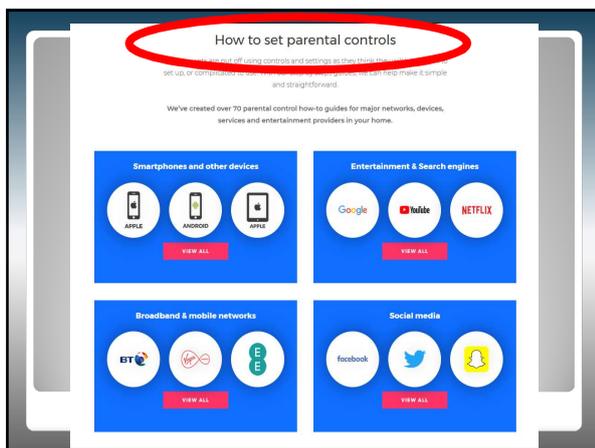
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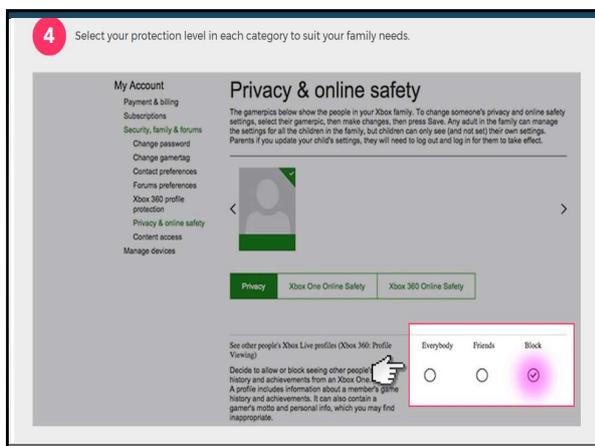
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10 You can now place restrictions on your child's use of the PlayStation Network (There is a separate guide addressing parental controls for the PlayStation Network). Select the restrictions you would like to apply and then select "Confirm", "OK", and then on the next screen "Accept".

11 You have now created your child's sub-account and they will be linked to your account as a family member. You can alter the restrictions placed on your child's account at any time via your account.

Monthly Spending Limit: £0.00
Limit the total amount your family member can spend on content in a calendar month. Regardless of this setting, funds can only be added to the wallet by the family manager.

Learn More | Confirm

Enter | Back | Health / Privacy / Terms

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Making things safer....

FREE
Help with setting up parental controls, adjust privacy settings or advice on social networks

Talk to experts from O2 & NSPCC
0808 800 5002

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Qustodio
Keep them Safe

Designed to solve parents' concerns
Qustodio gives parents visibility, and creates daily opportunities to talk with kids about their online experiences.

- Block Inappropriate Content**
Our smart filters block inappropriate content even in private browsing mode.
- Control Games and Apps**
Set time limits for games & apps or block apps you don't want from running altogether.
- Balance Screen Time**
Easily limit your child's screen time across all their devices.
- Monitor Social Networks**
Monitor time spent on Facebook, Twitter, Instagram, Whatsapp and more.
- Monitor Calls & SMS**
View your child's calls and texts, read SMS messages, and set a list of blocked contacts.
- Location Tracking and Panic Alerts**
Track your child's location. In an emergency your child can send you Panic Alerts.

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Ever been frustrated by someone's failure to reply to your text?

Hi. Where are you? x
What time are you home? x
Who are you with???? x
WHY ARE YOU IGNORING ME??? x

100

ReplyASAP Messaging App

This app allows parent to send a message - **which takes over whatever else is on the child's screen** - and sounds an alarm even if on 'silent'!

Not Certain If Your Messages Are Being Heard And Seen?
Be Certain, Send Them An ASAP

NOW -> **Google play**
SOON -> **Download on the App Store**

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Making things safer....

Remember:

- A digital footprint isn't just what your child shares, **it's also what is shared and said about them** - remember this when posting about them
- For some children, an online presence may put them at risk. In these cases, privacy is important

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Simple checklist for parents & carers :

I have visited www.thinkuknow.co.uk with my child
(I have **bookmarked** the CEOP website and told my child
what is there)

Open and honest dialogue - show an **interest and learn**
about what your child does online

Stay in control as much as you can through
parental filters, Family Sharing, and apps like Screen Limit

Advertise **yourself** as one of the people your child can turn
to - **without** being chastised...

Education is better than saying to your child
"you are not doing this anymore..."

Education Child Protection Ltd.

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