

CWP Curriculum Overview

reception

year 1

year 2

year 3

year 4

year 5

year 6

Additional

Reception Family and Friendship

Lesson 1: **Caring Friendships**

Lesson 2: **Being Kind**

Lesson 3: **Families**

Year 1 Growing and Caring For Ourselves

Lesson 1: **Different Friends**

Lesson 2: **Growing & Changing**

Lesson 3: **Families & Care**

Year 2 Differences

Lesson 1: **Differences**

Lesson 2: **Male & Female Animals**

Lesson 3: **Naming Body Parts**

Year 3 Valuing Difference and Keeping Safe

Lesson 1: **Body Differences**

Lesson 2: **Personal Space**

Lesson 3: **Help and Support**

Year 4 Growing Up

Lesson 1: **Changes**

Lesson 2: **What is Puberty?**

Lesson 3: **Healthy Relationships**

Year 5 Puberty

Lesson 1: **Talking about Puberty**

Lesson 2: **The Reproductive System**

Lesson 3: **Help and Support**

Year 6 Puberty, Relationships & Reproduction

Lesson 1: **Puberty & Reproduction**

Lesson 2: **Communication in Relationships**

Lesson 3: **Families, Conception & Pregnancy**

Lesson 4: **Online Relationships**

Additional Folder Year 5/6

Unit 1: **FGM**

Unit 2: **Respect and Equality**

Relationships Education, Relationships and Sex Education (RSE) and Health Education

Suggested outcomes: <i>Pupils should know</i>		CWP lesson
RELATIONSHIPS EDUCATION		
Families and people who care for me		
1a	<ul style="list-style-type: none"> that families are important for children growing up because they can give love, security and stability. 	Reception lesson 3 Year 1 lesson 3 Year 3 lesson 3 Year 6 lesson 2
1b	<ul style="list-style-type: none"> the characteristics of healthy family life, commitment to each other, including in times of difficulty, protection and care for children and other family members, the importance of spending time together and sharing each other's lives. 	Year 1 lesson 3 Year 3 lesson 3 Year 6 lesson 2
1c	<ul style="list-style-type: none"> that others' families, either in school or in the wider world, sometimes look different from their family, but that they should respect those differences and know that other children's families are also characterised by love and care. 	Year 1 lesson 3 Year 3 lesson 3 Year 6 lesson 3 Additional Lesson Respect & Equality
1d	<ul style="list-style-type: none"> that stable, caring relationships, which may be of different types, are at the heart of happy families, and are important for children's security as they grow up. 	Year 1 lesson 3 Year 3 lesson 3 Year 6 lesson 2 & 3
1e	<ul style="list-style-type: none"> that marriage represents a formal and legally recognised commitment of two people to each other which is intended to be lifelong. 	Year 6 lesson 3
1f	<ul style="list-style-type: none"> how to recognise if family relationships are making them feel unhappy or unsafe, and how to seek help or advice from others if needed. 	Year 1 lesson 3 Year 3 lesson 3 Year 6 lesson 2 Additional Lesson FGM
Caring friendships		
2a	<ul style="list-style-type: none"> how important friendships are in making us feel happy and secure, and how people choose and make friends. 	Reception lesson 1 & 3 Year 6 lesson 2
2b	<ul style="list-style-type: none"> the characteristics of friendships, including mutual respect, truthfulness, trustworthiness, loyalty, kindness, generosity, trust, sharing interests and experiences and support with problems and difficulties. 	Year 4 lesson 3 Year 6 lesson 2
2c	<ul style="list-style-type: none"> that healthy friendships are positive and welcoming towards others, and do not make others feel lonely or excluded. 	Reception lesson 1 Year 4 lesson 3 Year 6 lesson 2 Additional Lesson Respect & Equality
2d	<ul style="list-style-type: none"> that most friendships have ups and downs, and that these can often be worked through so that the friendship is repaired or even strengthened, and that resorting to violence is never right. 	Reception lesson 2 Year 4 lesson 3
2e	<ul style="list-style-type: none"> how to recognise who to trust and who not to trust, how to judge when a friendship is making them feel unhappy or uncomfortable, managing conflict, how to manage these situations and how to seek help or advice from others, if needed. 	Year 1 lesson 3 Year 3 lesson 2 Year 4 lesson 3 Additional Lesson Respect & Equality

Respectful relationships		
3a	<ul style="list-style-type: none"> the importance of respecting others, even when they are very different from them (for example, physically, in character, personality or backgrounds), or make different choices or have different preferences or beliefs. 	Reception lesson 3 Year 1 lesson 1 Year 2 lesson 1 & 2 Year 3 lesson 1 Year 4 lesson 3 Additional Lesson Respect & Equality
3b	<ul style="list-style-type: none"> practical steps they can take in a range of different contexts to improve or support respectful relationships. 	Year 3 lesson 2 Year 4 lesson 3 Year 6 lesson 2 Additional Lesson Respect & Equality
3c	<ul style="list-style-type: none"> the conventions of courtesy and manners. 	Embedded through use of groundrules and circle time
3d	<ul style="list-style-type: none"> the importance of self-respect and how this links to their own happiness. 	Year 3 lesson 2 Year 4 lesson 3 Year 6 lesson 2 Additional Lesson Respect & Equality
3e	<ul style="list-style-type: none"> that in school and in wider society they can expect to be treated with respect by others, and that in turn they should show due respect to others, including those in positions of authority. 	Year 1 Lesson 1 Year 4 lesson 3 Embedded through group agreement
3f	<ul style="list-style-type: none"> about different types of bullying (including cyberbullying), the impact of bullying, responsibilities of bystanders (primarily reporting bullying to an adult) and how to get help. 	Year 3 lesson 2 Year 4 lesson 3
3g	<ul style="list-style-type: none"> what a stereotype is, and how stereotypes can be unfair, negative or destructive. 	Year 2 Lesson 1 Additional Lesson Respect & Equality
3h	<ul style="list-style-type: none"> the importance of permission-seeking and giving in relationships with friends, peers and adults. 	Year 4 lesson 3 Year 6 lesson 2
Online Relationships		
4a	<ul style="list-style-type: none"> that people sometimes behave differently online, including by pretending to be someone they are not. 	Year 6 lesson 4
4b	<ul style="list-style-type: none"> that the same principles apply to online relationships as to face-to face relationships, including the importance of respect for others online including when we are anonymous. 	Year 4 lesson 3 Year 6 lesson 4
4c	<ul style="list-style-type: none"> rules and principles for keeping safe online, how to recognise risks, harmful content and contact, and how to report them. 	Year 6 lesson 4
4d	<ul style="list-style-type: none"> how to critically consider their online friendships and sources of information including awareness of the risks associated with people they have never met. 	Year 4 lesson 3 Year 6 lesson 4
4e	<ul style="list-style-type: none"> how information and data is shared and used online. 	Year 6 lesson 4
Being safe		
5a	<ul style="list-style-type: none"> what sorts of boundaries are appropriate in friendships with peers and others (including in a digital context). 	Year 3 lesson 2 Year 6 lesson 2 & 4
5b	<ul style="list-style-type: none"> about the concept of privacy and the implications of it for both children and adults; including that it is not always right to keep secrets if they relate to being safe. 	Year 3 lesson 2 Year 6 lesson 2 & 4 Additional Lesson FGM

5c	<ul style="list-style-type: none"> • that each person's body belongs to them, and the differences between appropriate and inappropriate or unsafe physical, and other, contact. 	Year 3 lesson 2 Year 6 lesson 2 Additional Lesson FGM
5d	<ul style="list-style-type: none"> • how to respond safely and appropriately to adults they may encounter (in all contexts, including online) whom they do not know. 	Year 1 Lesson 3 Year 3 lesson 2 & 3 Year 6 lesson 2 & 4
5e	<ul style="list-style-type: none"> • how to recognise and report feelings of being unsafe or feeling bad about any adult. 	Year 1 Lesson 3 Year 3 lesson 3 Year 6 lesson 2 & 4 Additional Lesson FGM
5f	<ul style="list-style-type: none"> • how to ask for advice or help for themselves or others, and to keep trying until they are heard. 	Year 3 lesson 2 & 3 Additional Lesson FGM
5g	<ul style="list-style-type: none"> • how to report concerns or abuse, and the vocabulary and confidence needed to do so. 	Year 3 lesson 2 & 3 Year 6 lesson 4 Additional Lesson FGM
5h	<ul style="list-style-type: none"> • where to get advice e.g. family, school and/or other sources. 	Year 3 lesson 3 Year 6 lesson 4 Additional Lesson FGM
HEALTH EDUCATION		
Mental wellbeing		
6a	<ul style="list-style-type: none"> • that mental wellbeing is a normal part of daily life, in the same way as physical health. 	Year 4 lesson 2 Year 5 lesson 3
6b	<ul style="list-style-type: none"> • that there is a normal range of emotions (e.g. happiness, sadness, anger, fear, surprise, nervousness) and scale of emotions that all humans experience in relation to different experiences and situations. 	Reception lesson 1 & 2 Year 1 lesson 1 & 3 Year 4 lesson 2 Year 5 lesson 3
6c	<ul style="list-style-type: none"> • how to recognise and talk about their emotions, including having a varied vocabulary of words to use when talking about their own and others' feelings. 	Reception lesson 1 & 2 Year 1 lesson 1 & 3 Year 4 lesson 2 Year 5 lesson 1 & 3 Year 6 lesson 1 Additional activity
6d	<ul style="list-style-type: none"> • how to judge whether what they are feeling and how they are behaving is appropriate and proportionate. 	Year 4 lesson 2 Year 5 lesson 1 & 3 Year 6 lesson 1 Additional activity
6e	<ul style="list-style-type: none"> • the benefits of physical exercise, time outdoors, community participation, voluntary and service-based activity on mental wellbeing and happiness. 	Year 5 lesson 3 Year 6 lesson 1 Additional activity
6f	<ul style="list-style-type: none"> • simple self-care techniques, including the importance of rest, time spent with friends and family and the benefits of hobbies and interests. 	Year 4 lesson 2 Year 5 lesson 1 & 3 Year 6 lesson 1 Additional activity
6g	<ul style="list-style-type: none"> • isolation and loneliness can affect children and that it is very important for children to discuss their feelings with an adult and seek support. 	Reception lesson 1 Year 6 lesson 1 Additional activity
6h	<ul style="list-style-type: none"> • that bullying (including cyberbullying) has a negative and often lasting impact on mental wellbeing. 	Year 6 lesson 4

6i	<ul style="list-style-type: none"> • where and how to seek support (including recognising the triggers for seeking support), including whom in school they should speak to if they are worried about their own or someone else's mental wellbeing or ability to control their emotions (including issues arising online). 	<p>Year 6 lesson 1 Additional Activity Year 6 lesson 4</p>
6j	<ul style="list-style-type: none"> • it is common for people to experience mental ill health. For many people who do, the problems can be resolved if the right support is made available, especially if accessed early enough 	Year 6 lesson 1 Additional Activity
Internet safety and harms		
7a	<ul style="list-style-type: none"> • that for most people the internet is an integral part of life and has many benefits. 	<p>While many of the suggested outcomes are touched on in this resource, we advise that schools continue to use a stand-alone scheme on internet safety such as www.thinkuknow.co.uk</p>
7b	<ul style="list-style-type: none"> • about the benefits of rationing time spent online, the risks of excessive time spent on electronic devices and the impact of positive and negative content online on their own and others' mental and physical wellbeing. 	
7c	<ul style="list-style-type: none"> • how to consider the effect of their online actions on others and know how to recognise and display respectful behaviour online and the importance of keeping personal information private. 	
7d	<ul style="list-style-type: none"> • why social media, some computer games and online gaming, for example, are age restricted. 	
7e	<ul style="list-style-type: none"> • that the internet can also be a negative place where online abuse, trolling, bullying and harassment can take place, which can have a negative impact on mental health. 	
7f	<ul style="list-style-type: none"> • how to be a discerning consumer of information online including understanding that information, including that from search engines, is ranked, selected and targeted. 	
7g	<ul style="list-style-type: none"> • where and how to report concerns and get support with issues online. 	
Changing adolescent body		
8a	<ul style="list-style-type: none"> • key facts about puberty and the changing adolescent body, particularly from age 9 through to age 11, including physical and emotional changes. 	<p>Year 4 lesson 1 & 2 Year 5 lesson 1, 2 & 3 Year 6 lesson 1 Year 6 lesson 1 Additional Activity</p>
8b	<ul style="list-style-type: none"> • about menstrual wellbeing including the key facts about the menstrual cycle. 	<p>Year 4 lesson 2 Year 5 lesson 1, 2 & 3 Year 6 lesson 1</p>
Additional Guidance - Menstruation		
9a	<p>The onset of menstruation can be confusing or even alarming for girls if they are not prepared. Pupils should be taught key facts about the menstrual cycle including what is an average period, range of menstrual products and the implications for emotional and physical health. In addition to curriculum content, schools should also make adequate and sensitive arrangements to help girls prepare for and manage menstruation including with requests for menstrual products. Schools will need to consider the needs of their cohort of pupils in designing this content.</p>	<p>Year 4 lesson 2 Year 5 lesson 1, 2 & 3</p>

Non – statutory Sex Education		
10a	The Department continues to recommend therefore that all primary schools should have a sex education programme tailored to the age and the physical and emotional maturity of the pupils. It should ensure that both boys and girls are prepared for the changes that adolescence brings and – drawing on knowledge of the human life cycle set out in the national curriculum for science - how a baby is conceived and born. As well as consulting parents more generally about the school's overall policy, primary schools should consult parents before the final year of primary school about the detailed content of what will be taught	This resource forms a spiralling curriculum of Relationships and Sex Education. We feel that on the whole the Sex Education element of the resource is in line with the science curriculum. Lessons on puberty form part of statutory Health Education. The exception would be sessions in year 6 which include age appropriate discussions on adult sexuality and how a baby is conceived and born. Parents would need to be given the right to excuse their children from these lessons.
National Curriculum Science		
	Key Stage 1 (age 5-7 years) Year 1 pupils should be taught to:	
S1	<ul style="list-style-type: none"> identify, name, draw and label the basic parts of the human body and say which part of the body is associated with each sense 	Year 1 Lesson 2 Year 2 Lesson 3
S2	Year 2 pupils should be taught to: <ul style="list-style-type: none"> notice that animals, including humans, have offspring which grow into adults 	Year 2 Lesson 1 & 2
S3	<ul style="list-style-type: none"> describe the importance for humans of exercise, eating the right amounts of different types of food, and hygiene 	
	Key Stage 2 (age 7-11 years) Year 5 pupils should be taught to:	
S4	<ul style="list-style-type: none"> describe the life process of reproduction in some plants and animals 	Year 4 lesson 1 & 2
S5	<ul style="list-style-type: none"> describe the changes as humans develop to old age 	Year 4 lesson 1 & 2 Year 6 lesson 3
S6	Year 6 pupils should be taught to: <ul style="list-style-type: none"> recognise that living things produce offspring of the same kind, but normally offspring vary and are not identical to their parents 	Year 6 lesson 3

The Education Act 2002 sets out the statutory duties which all schools, including academies, are required to meet: 'Every state-funded school must offer a curriculum which is balanced and broadly based and which:

- promotes the spiritual, moral, cultural, mental and physical development of pupils at the school and of society
- prepares pupils at the school for the opportunities, responsibilities and experiences of later life'

The DfE released statutory guidance in June 2019 under sections 34 and 35 of the Children and Social Work Act 2017. The guidance covers Relationships and Sex Education (RSE), Relationships Education and Health Education. This new guidance replaces the DfE Sex and Relationships Education Guidance from 2000.

The statutory guidance will become mandatory in September 2020. Schools not already delivering a programme of PSHE including RSE are advised to start following it from 2019. The expectations on schools are as follows:

- Relationships Education will be compulsory in all primary schools (or those pupils receiving primary education) – this includes academies, free schools and independent schools
- Relationships and Sex Education will be compulsory in all secondary schools (or those pupils receiving secondary education) – this includes academies, free schools and independent schools
- Health Education will be compulsory in all primary and secondary schools (or those pupils receiving primary or secondary education) – this includes all academies and free schools but not independent schools as PSHE is already statutory in these schools

NB - The DfE recommends that all primary schools have a sex education programme. The programme must be clearly stated in the school policy and parents should be consulted. Sex Education (apart from aspects of the science curriculum) is not compulsory in primary schools.

Reception

Family and Friendship

Word Box: Friendship, kindness, happy, sad, shy, feelings, lonely, sorry, angry, family, mum, dad, brother, sister, grandma, grandad, stepmum, stepdad, foster mum, foster dad.

Statutory Guidance

Relationships Education
Caring friendships
(2a,2c)
Health Education
Mental wellbeing
(6b,6c,6g)

Learning Intentions and Learning Outcomes

Learning Intention
To recognise the importance of friendship
Learning Outcomes
Know that friendships can make us feel happy
Know some ways that we can make new friends feel welcome

Title

Lesson 1
[Caring Friendships](#)

Relationships Education
Caring friendships
(2d)
Health Education
Mental wellbeing
(6b,6c)

Learning Intention
To recognise the importance of saying sorry and forgiveness
Learning Outcomes
Know that arguing with friends and then making up can make friendships stronger
That resorting to violence is never right

Lesson 2
[Being Kind](#)

Relationships Education
Families and people who care for me (1a)
Caring friendships (2a)
Respectful relationships (3a)

Learning Intention
To recognise that all families are different
Learning Outcomes
Identify different members of the family
Understand how members of a family can help each other

Lesson 3
[Families](#)

Growing & Caring For Ourselves Key Stage 1

Word Box: Friends, feelings, similar, different, family, boy, girl, male, female, private parts, penis, vulva

Statutory Guidance	Learning Intentions and Learning Outcomes	Lesson Title
<p>Relationships Education Respectful relationships (3a,3e) Healthy Education Mental wellbeing (6b,6c)</p>	<p>Learning Intention To understand that we are all different but can still be friends Learning Outcomes Know that we can be friends with people who are different to us</p>	<p>Lesson 1 Different Friends</p>
<p>Key Stage 1 Science - Identify, name, draw and label the basic parts of the human body</p>	<p>Learning Intention To discuss how children grow and change Learning Outcomes Understand that babies need care and support Know that older children can do more by themselves</p>	<p>Lesson 2 Growing and Changing</p>
<p>Relationships Education Families and people who care for me (1a,1b,1c,1d,1f) Caring friendships (2e) Respectful relationships (3a,3e) Being Safe (5d,5e) Health Education Mental wellbeing (6b,6c)</p>	<p>Learning Intention To explore different types of families and who to ask for help To identify who can help when families make us feel unhappy or unsafe Learning Outcomes Know there are different types of families Know which people we can ask for help</p>	<p>Lesson 3 Families and Care</p>

Year 2

Differences

Key Stage 1

Word Box: Similar, different, sex, gender roles, stereotypes, boy, girl, male, female, private parts, penis, vulva

Statutory Guidance

Relationships Education
Respectful relationships
(3a,3g)
Key Stage 1 Science
- Identify, name, draw and
label the basic parts of the
human body

Learning Intentions and Learning Outcomes

Learning Intention
To introduce the concept of gender stereotypes
To identify differences between males and females
Learning Outcomes
Understand that some people have fixed ideas about what boys
and girls can do
Describe the difference between male and female babies

Lesson Title

Lesson 1
[Differences](#)

Relationships Education
Respectful relationships (3a)
Key Stage 1 Science
- Notice that animals,
including humans, have
offspring that grow into adults

Learning Intention
To explore some of the differences between males and females and to
understand how this is part of the lifecycle
Learning Outcomes
Describe some differences between male and female animals
Understand that making a new life needs a male and a female

Lesson 2
[Male and
Female Animals](#)

Key Stage 1 Science
- Identify, name, draw and
label the basic parts of the
human body

Learning Intention
To focus on sexual difference and name body parts
Learning Outcomes
Describe the physical differences between males and females
Name the different body parts

Lesson 3
[Naming
Body Parts](#)

Valuing Difference and Keeping Safe Key Stage 2

Word Box: Stereotypes, gender roles, similar, different, male, female, private parts, penis, testicles, vulva, vagina, uterus, family, fostering, adoption, relationship

Statutory Guidance	Learning Intentions and Learning Outcomes	Lesson Title
<p>Relationships Education Respectful relationships (3a)</p>	<p>Learning Intention To identify that people are unique and to respect those differences To explore the differences between male and female bodies</p> <p>Learning Outcomes Know and respect the body differences between ourselves and others Name male and female body parts using agreed words</p>	<p>Lesson 1 Body Differences</p>
<p>Relationships Education Caring friendships (2e) Respectful relationships (3b,3d,3f) Being safe (5a,5b,5c,5d,5f,5g)</p>	<p>Learning Intention To consider appropriate and inappropriate physical contact and consent</p> <p>Learning Outcomes Understand that each person's body belongs to them Understand personal space and unwanted touch</p>	<p>Lesson 2 Personal Space</p>
<p>Relationships Education Families and people who care for me (1a,1b,1c,1d,1f) Being safe (5d,5f,5g, 5h)</p>	<p>Learning Intention To explore different types of families and who to go to for help and support</p> <p>Learning Outcomes Understand that all families are different and have different family members Identify who to go to for help and support</p>	<p>Lesson 3 Help and Support</p>

Year 4

Growing Up Key Stage 2

Word Box: Puberty, lifecycle, reproduction, physical, breasts, sperm, egg, pubic hair, emotional, feelings

Statutory Guidance

Health Education

Changing adolescent body
(8a)

Key Stage 2 Science

- describe the life process of reproduction in some plants and animals

Learning Intentions and Learning Outcomes

Learning Intention

To explore the human lifecycle

To identify some basic facts about puberty

Learning Outcomes

Understand that puberty is an important stage in the human lifecycle

Know some changes that happen during puberty

Lesson Title

Lesson 1

[Changes](#)

Health Education

Mental wellbeing (6a,6b,6c,6d,6f)

Health Education

Changing adolescent body
(8a, 8b)

Menstruation (9a)

Key Stage 2 Science

- describe the life process of reproduction in some plants and animals

-describe the changes as humans develop to old age

Learning Intention

To explore how puberty is linked to reproduction

Learning Outcomes

Know about the physical and emotional changes that happen in puberty

Understand that children change into adults to be able to reproduce if they choose to

Lesson 2

[What is Puberty?](#)

Relationships Education

Caring friendships (2b,2c,2d,2e)

Respectful relationships
(3a,3b,3d,3e,3f,3h)

Online relationships (4b,4d)

Learning Intention

To explore respect in a range of relationships

To discuss the characteristics of healthy relationships

Learning Outcomes

Know that respect is important in all relationships including online

Explain how friendships can make people feel unhappy or uncomfortable.

Lesson 3

[Healthy Relationships](#)

Year 5

Puberty

Key Stage 2

Word Box: Puberty, physical changes, emotional changes, moods, menstruation, periods, tampons, sanitary towels, wet dreams, semen, erection, sweat, breasts, spots, pubic hair, facial hair, underarm hair, sexual feelings

Statutory Guidance	Learning Intentions and Learning Outcomes	Lesson Title
<p>Health Education Mental wellbeing (6c, 6d,6f,) Changing adolescent body (8a,8b) Menstruation (9a)</p>	<p>Learning Intention To explore the emotional and physical changes occurring in puberty Learning Outcomes Explain the main physical and emotional changes that happen during puberty Ask questions about puberty with confidence</p>	<p>Lesson 1 Talking About Puberty</p>
<p>Health Education Changing adolescent body (8a,8b) Menstruation (9a)</p>	<p>Learning Intention To understand male and female puberty changes in more detail Learning Outcomes Understand how puberty affects the reproductive organs Describe what happens during menstruation and sperm production</p>	<p>Lesson 2 The Reproduction System</p>
<p>Health Education Mental wellbeing (6a,6b,6c, 6d,6e,6f,) Changing adolescent body (8a,8b) Menstruation (9a)</p>	<p>Learning Intention To explore the impact of puberty on the body and the importance of physical hygiene To explore ways to get support during puberty Learning Outcomes Explain how to keep clean during puberty Explain how emotions/relationships change during puberty Know how to get help and support during puberty</p>	<p>Lesson 3 Puberty Help and Support</p>

Puberty, Relationships and Reproduction Key Stage 2

Word Box: Womb, sperm, egg, conception, fertilisation, pregnancy, sexual intercourse, twins, fostering, adoption, relationship, friendship, love, consent, intimacy, communication, personal/private information, internet safety

Statutory Guidance	Learning Intentions and Learning Outcomes	Lesson Title
<p>Health Education Mental wellbeing (6c,6d,6f,6g,6i,6j) Changing Adolescent body (8a,8b)</p>	<p>Learning Intention To consider puberty and reproduction Learning Outcomes Describe how and why the body changes during puberty in preparation for reproduction Talk about puberty and reproduction with confidence</p>	<p>Lesson 1 Puberty and Reproduction</p>
<p>Relationships Education Families and people who care for us (1a,1b,1d,1f) Caring friendships (2a,2b,2c) Respectful relationships 3b,3d,3h) Being safe (5a,5b,5c,5d,5e)</p>	<p>Learning Intention Exploring the importance of communication and respect in relationships Learning Outcomes Explain differences between healthy and unhealthy relationships Know that communication and permission seeking are important</p>	<p>Lesson 2 Communication in Relationships</p>
<p>Relationships Education Families and people who care for us (1c,1d,1e) Key Stage 2 Science - recognise that living things produce offspring of the same kind, but normally offspring vary and are not identical to parents</p>	<p>Learning Intention To consider different ways people might start a family Learning Outcomes Describe the decisions that have to be made before having children Know some basic facts about conception and pregnancy</p>	<p>Lesson 3 Families, Conception and Pregnancy</p>
<p>Relationships Education Online relationships (4a,4b,4c,4d,4e) Being safe (5a,5b,5d,5e,5g,5h) Mental wellbeing (6h,6i)</p>	<p>Learning Intention To explore positive and negative ways of communicating in a relationship Learning Outcomes To have considered when it is appropriate to share personal/private information in a relationship To know how and where to get support if an online relationship goes wrong</p>	<p>Lesson 4 Online Relationships</p>