



## PE Curriculum Map

**Autumn 1****Autumn 2****Spring 1****Spring 2****Summer 1****Summer 2****Reception**Class  
teacherGymnastics – High,  
low, over under

Ball skills – Hands 1

Dance - Dinosaurs

Gymnastics -  
movingLocomotion –  
Jumping 1Attack vs Defence –  
games for  
understanding**Year 1**Class  
teacherGymnastics – Body  
parts

Ball skills – Hands 1

Gymnastics – wide,  
narrow, curledHealth and  
Wellbeing

Team Building

Ball skills – Rackets,  
bats and ballsNon-Stop  
ActionFundamental  
movement skills – tag  
gamesFundamental  
movement skills – tag  
games

Dance

Fundamental  
movement skills -  
tennisFundamental  
movement skills -  
athleticsFundamental  
movement skills -  
cricket**Year 2**Class  
teacherGymnastics – Body  
parts

Ball skills – Hands 1

Gymnastics –  
PathwaysHealth and  
wellbeing

Team Building

Ball skills – rackets  
and ballsNon-Stop  
ActionFundamental  
movement skills – tag  
gamesFundamental  
movement skills – tag  
games

Dance

Fundamental  
movement skills -  
tennisFundamental  
movement skills -  
athleticsFundamental  
movement skills -  
cricket**Year 3**Class  
teacherGymnastics – canon  
and unisonInvasion games -  
DodgeballGymnastics –  
Symmetry &  
asymmetryHealth and wellbeing -  
mindfulnessOAA – problem  
solvingStriking & fielding -  
roundersNon-Stop  
ActionInvasion games -  
footballInvasion games -  
netball

Dance

Net/wall games -  
Tennis

Athletics

Striking & fielding -  
cricket**Year 4**Class  
teacher

Gymnastics - bridges

Invasion games -  
DodgeballGymnastics – levels  
& directionHealth and wellbeing -  
mindfulnessOAA – problem  
solvingStriking & fielding -  
roundersNon-Stop  
ActionInvasion games -  
footballInvasion games -  
netball

Dance

Net/wall games -  
Tennis

Athletics

Striking & fielding -  
cricket**Year 5**Class  
teacherGymnastics – counter  
balance & counter  
tensionInvasion games -  
Dodgeball

Gymnastics – Flight

Health related  
exercise

SWIMMING

Striking & fielding -  
roundersNon-Stop  
ActionInvasion games -  
footballInvasion games -  
netball

Dance

Net/wall games -  
Tennis

Athletics

Striking & fielding -  
cricket**Year 6**Class  
teacherGymnastics –  
creating sequencesInvasion games -  
DodgeballGymnastics –  
matching &  
mirroringHealth related  
exerciseOAA – problem  
solvingStriking & fielding -  
roundersNon-Stop  
ActionInvasion games -  
footballInvasion games -  
netball

Dance

Net/wall games -  
Tennis

Athletics

Striking & fielding -  
cricket